

Studio A DanceArts Workshop Series

Seasons of the Heart

Denise Ellison

Saturday February 11

3:30 - 5 pm

\$20

Register today for this workshop where we will explore some of the “Seasons” of the heart including "New Seasons", a "Journey of the Heart", the "Revealed Heart", my "Yearning Heart", and a "Turned outward Heart". We will use a variety of movement qualities including “Harmonics”, a system of movement based on natural rhythms. This workshop is open to dancers ages 11 & up

Denise Ellison is a North Carolina School of the Arts graduate and a former principal dancer for Ballet Kloss in Philadelphia. Denise has danced, taught, and conducted workshops for children and adults over the past 30 years in various places in the US as well as Cuba and Trinidad and Tobago. She has choreographed pieces for dancers to use in programs, competitions, youth rallies, social outreach programs, and videos. Denise enjoys watching as each dancer “blooms” into their talents and gifts and has a heart to continue equipping the next generation.

You must pre enroll to ensure a spot.

Name _____

Email _____

Please include your check for the workshop.
Studio A DanceArts PO Box 4651 Chapel Hill NC 27515

